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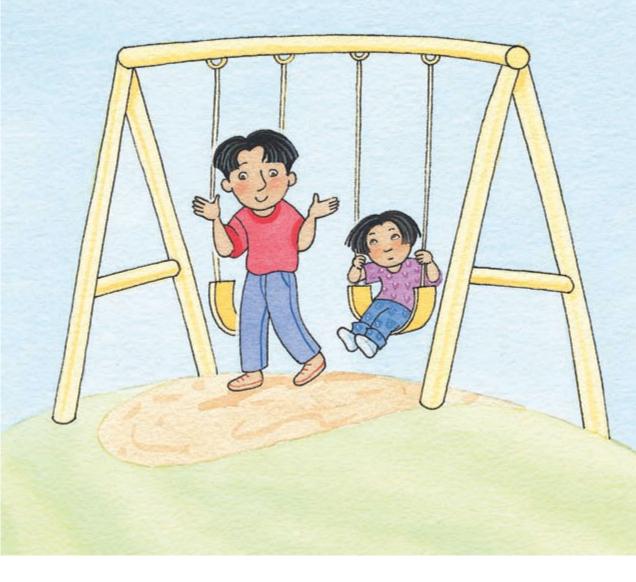
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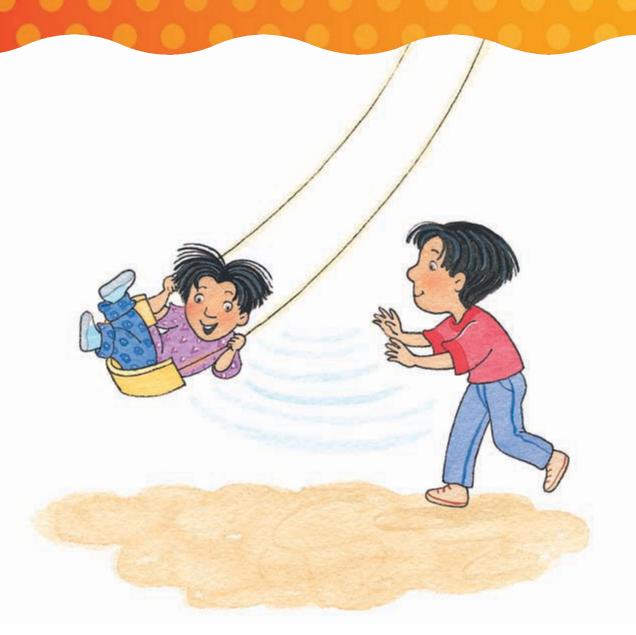
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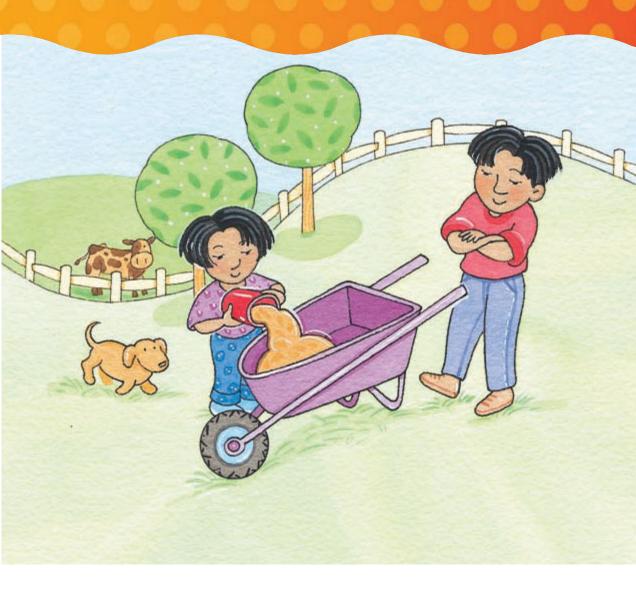
How do you make things go?
You add a force–
A push or a pull.
That is what makes things go!



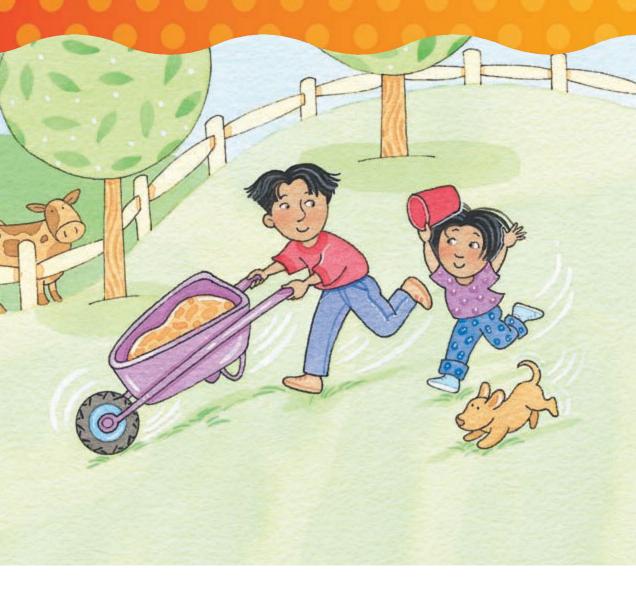
Push it or pull it. Push it or pull it. How can I make it go?



 I will push the swing way up in the air.
When I push it, it will go!



Push it or pull it.Push it or pull it.How can I make it go?



 I will push my wheelbarrow filled with soil.
When I push it, it will go!



## Push it or pull it.Push it or pull it.How can we make it go?



We will push and pull. We will pull and push. Both will make it go!

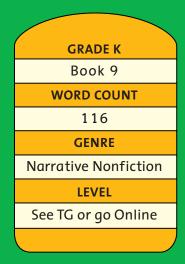


## Hands-On Activity

Make a Chart Have your child make a chart of things in one room that he or she pushes or pulls.

## School Home Connection

Push or Pull Have your child perform some simple activities, such as brushing teeth and writing. Have him or her tell you whether each activity uses pushes, pulls, or both.



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